

## THE PASCHAL HOURS

(for home use)

**Note**: The Paschal Hours replace our usual morning and evening prayers at home, and all of the services of the hours at church, during the Bright Week of the Lord's Resurrection (that is, from Pascha until Bright Saturday.)

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life! (3x)

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. We venerate Thy Cross, O Christ, and we praise and glorify Thy holy Resurrection, for Thou art our God, and we know no other than Thee, we call on Thy name. Come, all ye faithful, let us venerate Christ's holy Resurrection, for behold, through the Cross joy has come into all the world. Ever blessing the Lord, we praise his Resurrection. For by enduring the Cross for us, he has destroyed death by death. (3x)

Before the dawn Mary and the women came and found the stone rolled away from the tomb. They heard the angelic voice: "Why do you seek among the dead as a man the One Who is Everlasting Light? Behold the clothes in the grave, go and proclaim to the world: "The Lord is risen! He has slain death, as He is the Son of God, saving the race of man."

Thou didst descend into the tomb, O Immortal One; Thou didst destroy the power of death. In victory didst Thou arise, O Christ God, proclaiming 'Rejoice' to the myrrh-bearing women, granting peace to thine apostles, and bestowing resurrection on the fallen.

In the tomb with the body, in hades with Thy soul as God, in paradise with the thief, and on the throne with the Father and the Spirit, wast Thou, O boundless Christ, filling all things.

Glory to the Father, and to the Son, and to the Holy Spirit:

Bearing life and more fruitful than paradise, brighter than any royal chamber: Thy tomb, O Christ, is the fountain of our resurrection.

Now and ever and to the ages of ages. Amen:

Rejoice, O holy and divine abode of the Most High! For through thee, O Theotokos, joy is given to those who cry: Blessed art thou among women, O all-undefiled Lady.

Lord, have mercy. (40x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

More honorable than the cherubim and more glorious beyond compare than the seraphim; without corruption thou gavest birth to God the Word: true Theotokos, we magnify thee.

Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and to the ages of ages. Amen.

Lord, have mercy. (3x)

O Lord, bless!

O Lord Jesus Christ our God, for the sake of the prayers of Thy most pure Mother, of our holy and God-bearing fathers, and of all the saints, have mercy on us. Amen.

## A PRAYER FOR PROTECTION FROM THE OUTBREAK

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible: in Thine ineffable goodness, look down upon us, Thy people gathered in Thy holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord, who lovest mankind, deliver us from the impending threat of the coronavirus. Send Thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace, that together we may glorify Thy most honorable and majestic Name: of the Father, and of the Son, and of the Holy Spirit, now and ever and to the ages of ages. Amen.

